



Erasmus+



# **EVS Info Pack**

**For  
Applicants**



**SEFA  
Sport Education For All**





Erasmus+



## ***DEAR APPLICANT,***

*We are looking forward to meet you at Stowarzyszenie Morena!*

*We hope that this info pack will contribute to increase your understanding of our EVS vacancy and that it will give you useful information about our association and the environment we offer to our volunteers.*

### ***Please, read all the info carefully before applying!***

*This Info Pack includes brief presentations:*

- *About the vacancy*
- *About you*
- *About us*

*p.3*

*p.4*

*p.5*

## ABOUT THE VACANCY

### Activities proposed

Project activities: 01/07/14 - 01/07/15

The volunteer (1) will work with different target groups: seniors, kids, young people, scouts, volunteers.

He/she will:

- Organise daily (or at 2-3 days intervals) sport educational activities for young people, scouts, elders, such as: nordik walking, trekking, gym, swimming. These activities can be organized in the building of our association (in apposite areas), in the surrounding outdoor areas, in swimming pools;
- Organize free workshops and events for sensitization on the theme of sport education, mainly in schools;
- Organize the promotion of his/her own sport activities (newsletters, blog, leaflets and other kind of advertisement);
- Participate in EVS and Erasmus+ promotion;
- Organize evaluation materials for the participants of his/her activities
- Write blog articles and update EVS facebook page by telling his/her own stories, the stories of volunteers and projects from the area;
- Organize larger-scale activities for children, such as sport competitions/festivals/contests, field trips, new types of workshops;
- Support in the organization of scout camps;
- Organize free workshops aimed to young people (i.e students) where he/she will present his/her culture;
- Organize language courses;
- Learn Polish language and culture;
- Help developing the Regional Youth Center and Senior Activity Center (both operating indicatively from June 2014 and run by our Association), by organizing sport activities, offering the required information to citizens, by offering own suggestion on how to improve the communications process.
- Suggest and realize his/her own ideas.

### Expected learning outcomes:

- skills to adapt methods/communications/activities to different targets (youngsters-scouts-elders);
- knowledge of different methods of non-formal education like discussion moderator, energizers or team building;
- awariness of intergenerational education;
- attitude to work in an international team;
- skills to project, implement and manage his/her own sport projects
- knowledge of basic Polish language
- communication skills in English and other languages (Polish and his/her own mother language, other)
- knowledge about Polish culture
- knowledge of communication strategy and promotion skills
- digital competences (digital softwares for promotion and/or video editing)
- social skills as group building, crisis prevention etc. by managing different group of "pupils"
- enterpreneurial attitude, by proposing and implementing his/her own ideas.



Erasmus+



## ABOUT YOU

We generally look for volunteers who are dynamic, creative, sociable, patient and that know what they want to do. Our volunteer want to cooperate with the different target groups of our association: youth organizations and youth (e.g. youth leaders) as well as children (e.g. in kindergartens, schools), scouts or seniors.

Our European volunteers should not be afraid of traveling and have no bad habits. They should be motivated, willing to learn Polish, able to work in a team, be sociable, flexible and creative: we would like to host people with interesting hobbies, with their own ideas and open to different cultures. Strong motivation, willingness to see and to do something new, curiosity about the world and other cultures are welcome.

### Selection criteria

The volunteer needs to be minimum 18 years old, maximum 30 years old, coming from the country of the SO (Spain).

We are looking for a young, healthy and sportive person who likes to work with seniors, children and youngsters, with positive life attitude and willingness to cooperate. We expect an open attitude, eager to learn new things, sporty and empathic.

As the work implies quite some physical work, it may not be suited for people with physical handicaps.

Since one of the main objectives of the project is to offer sport-educative offers, fact that implies high responsibility, the ideal volunteer needs skills, knowledge and experience in the areas of sport and education:

- knowledge and understanding in a broad range of physical activities, exercise and sport environments (in order of importance: fitness/gym, nordic walking, trekking, swimming, other). Important: since the weather in northern Poland is not usually warm and sunny, preference will be given to those with experience in indoor activities.
- capacity to select and prepare appropriate teaching and information materials for different audiences;
- teaching and communication skills, in order to promote sport education and correct nutrition in an informative, engaging and professional manner;
- knowledge in Safety and Injury Prevention.

The volunteer that will fit better with these criteria will be selected.

### How to apply

**Every young Spanish people can apply until the 10th May 2014 by sending his/her application pack to the Sending Organization Asociación Ser Joven<sup>1</sup> with the reference: Project "Sport Education For All" in Gdansk, Stowarzyszenie Morena**  
**Contact: [evsvolunteers@ser-joven.org](mailto:evsvolunteers@ser-joven.org)**

**The application pack consists with:**

- 1. Curriculum Vitae (CV) in English, Europass format;**
- 2. Cover/Motivation Letter.**

**The SO will contact all volunteers who fulfill basic expectations and the HO will communicate with them through Internet, discussing possibilities and opportunities (skype interview). The volunteer will be selected according to his/her motivation to work with us and according to the skills they have (see "selection criteria").**

---

<sup>1</sup> [www.ser-joven.org](http://www.ser-joven.org)

## ABOUT US

### The HO - Stowarzyszenie Morena

Established in 2002, Morena Association is a non-profit non-governmental organization in Gdansk that focuses mainly on young people and youth leaders from Pomeranian region. We have different aims for our activities:

- 1) increasing the activism in social and civic life of children, youth and youth leaders (e.g. by organizing meetings with youth in their schools)
- 2) encouraging young people to develop their creativity and to build respect to the traditions (e.g. by running, since 2003, training regional center of "Youth in Action" Program)
- 3) providing promotion of youth information - since 2005 we have been developing our regional European Youth Information Network called "Eurodesk Pomerania" (at this moment it is the biggest Eurodesk Net in Europe - actually we have 32 points in Pomerania region). Moreover we also run European Commission information point - Europe Direct Gdansk. In both information points we held consultation for young people and for those who are looking information (eg. connected with European funds).
- 4) provide complex support to youth leaders and youth organizations by information, financial support (Pomeranian Youth Found) and trainings.

Our organization also:

- helps unemployed people by running the Center of Social Integration in Osówek (on the south of our voivodeship).
- supports non-formal groups organizing different kind of activities for scouts movement - working next to our association.
- provide learning opportunities for elderly by running, from 2013, the programme ASOS (Aktywności Społecznej Osób Starszych - Social Activities for Senior).

### Our team

Our team is mainly composed by young people - between 20 and 30 years old. Great majority has rich experience in youth projects both local and international. Moreover we used to work as volunteers, thus we understand what does it mean volunteering, what are the principles behind this and the obstacles needed to be overcome. We have different educational background which we use while preparing and implementing projects.

**Adam Niemkiewicz** - Chairman of Stowarzyszenie Morena, 17 years of experience in the establishment and management of projects (for Ministry of Education, Ministry of Defense, Ministry of Culture, Batory Foundation, local governments, the European Commission, ESF) , since 2000 works with the EU Programme "Youth in Action": trainer and representative (since 2002), regional coordinator (2004-11) and inspector of projects (since 2006) implemented in the program. Coordinator of over 100 national and international projects including the best innovation in Pomerania and testing ESF.

**Irene Borsaro** - EVS project coordinator, responsible of designing, managing and coordinating EVS projects. Degree in Education management, has been a trainer for workshops aimed to young people on graphic and video editing softwares, promotion and communication tools. Italian language lecturer with experience in working with seniors from the project "AS - Senior Academy".

**Edyta Sefańska**: since August 2008 accountant in Stowarzyszenie Morena, has extensive experience with financial managing and with the reporting process of different projects to local and national authorities (City Hall, Polish National Agency). Previously she was also assistant in other local NGOs.

**Grażyna Ostapiuk** - since 2009, employed as a information consultant in Eurodesk Point and Europe Direct Point. She has extensive experience in developing and carrying out substantive European lessons in primary, lower secondary and upper secondary schools. Co-organizer of international and local projects, trainer and co-organizer of the project "AS – Senior Academy". She has extensive experience in working with youth and seniors.

**Katarzyna Smoczyńska** - trainer, psychologist, art therapist, member of organization "Polskie Stowarzyszenie Pedagogów i Animatorów KLANZA", has several years of experience in working with young people, but also in the intergenerational dialogue. Conducts workshops on communication. Organizer and trainer in several projects in the field of combating social exclusion - min . EQUAL, PO KL, PO FIO

**Jarosław Sikorski** - trainer and consultant in "Youth in Action" and "Erasmus+" programmes, coordinator of the Regional European Information Point Eurodesk Gdańsk, co-organizer of international and local projects, as well of youth projects implemented in the Youth in Action Programme; has many years of experience in the field of youth and elderly participation, for several years has been President of the Youth Council of the Starogard District, he is coordinator of regional projects for Youth Councils.

**Paweł Kardasz** - consultant for Regional European Information Point Eurodesks Gdańsk. Scout instructor with extensive experience in organizing outdoor events, including events for orientation and integration, hiking and nordic walking instructor, was a participant in many events for orientation. He has experience in working with seniors in the project "AS - Senior Academy".

**Jakub Sarad** - consultant for Regional European Information Point Eurodesk Gdańsk, scout instructor with extensive experience in organizing outdoor events, including events for orientation and integration, hiking and nordic walking instructor, he participated in many events for orientation.

**Martyna Bomba** - consultant for Regional European Information Point Eurodesk Gdańsk; student of European Studies at the Technical University of Gdansk, co-organizer of European projects for Youth and Seniors, has experience in the field of youth empowerment.





Erasmus+



## Our current EVS volunteers

You can check [our volunteer's blog](#) and [facebook page](#).

**Alvaro Sacristian Pineno** - until June 2014, European volunteer. Spanish teacher with experience working with seniors from the project "AS - Senior Academy".

**Anais Bizeul** - until February 2015, European volunteer. Teacher of French language. Trainer in workshops about arts, drawing, painting and photography.

**Andreea Rosu** - until February 2015, European volunteer. Teacher of Rumanian and English languages. Trainer in workshops about artistic recycling.

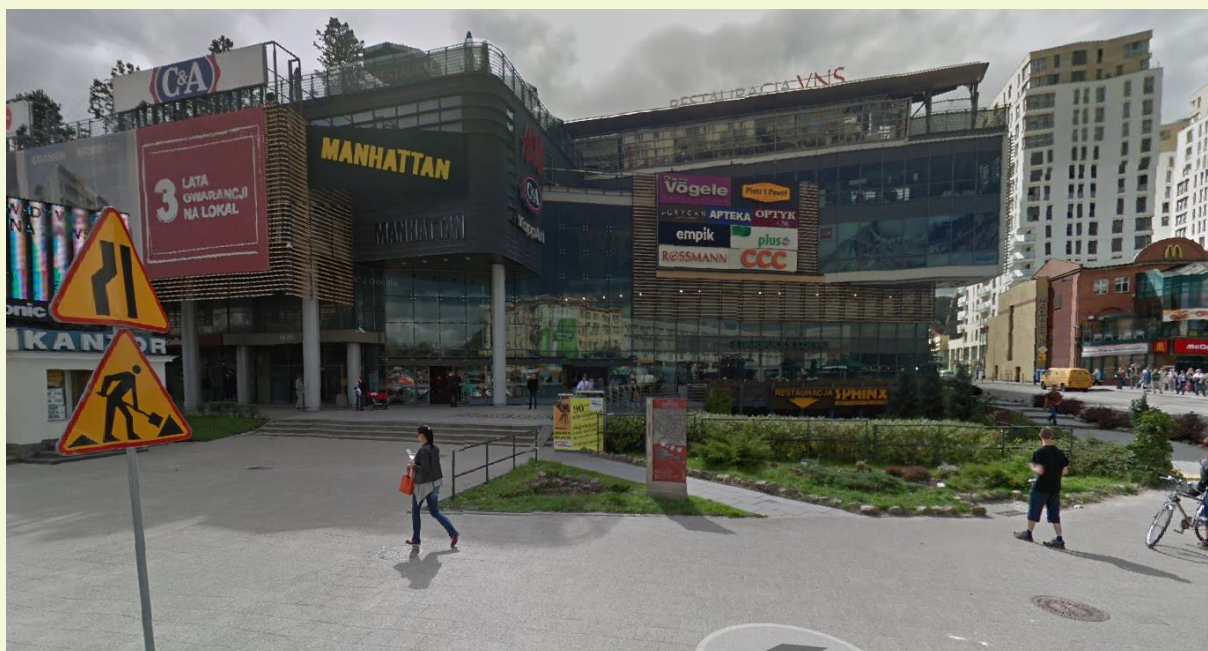
## Location



The project will take part in the agglomeration called Tricity which consists of three neighboring cities located on the Baltic Sea: the historical city of Gdansk, modern Gdynia and Sopot - the city of artists. There is large number of historical and picturesque places. The total number of citizens in Tricity is over 700 000 people but the main part of the project will be held in Gdansk - 456 000 inhabitants.



The volunteers will be both working and leaving in the association building (in separate areas) that is located in Wrzeszcz, one of the most important district in Gdańsk, very well connected with other parts of the city (bus and tram stops 4 min by walk; bus and train station 8 min by walk, public connections with the near cities or the airport). Near our building there are a lot of shops in which buying food and other products, there are shopping malls and a lot of banks, but also public library and natural environments (you can easily reach the forest that is back to our building or other parks, but also go to the seaside in 20 min by tram).



Manhattan center, the building right next to our association (there are different kind of shops, a gym, a library, café and restaurants’).





Erasmus+



## Accommodation



Currently our volunteers are hosted in single rooms with all necessary facilities (see in the following pictures). However, soon a new big area - currently under renovation, situated in the next half part of the association building – will be ready to host the volunteers in a new flat with all facilities, single-double rooms, shared bathrooms and kitchen, plus common area.

