

Kaisiadoriu socialiniu paslaugu centras (Gelezinkelieciu takas 9)

<http://www.spc.puslapiai.lt/>

Kaisiadorys Social Services Center is a municipal budgetary authority. Its role is to provide general and specialized services. The regular activities are the following:

- Training of social skills and support of the skills gained in children's day groups;
- The center organizes socio-cultural activities for the disabled people
- The center provides social day care for the disabled in the day groups.
- The center organizes summer camps for the recipients.
- The recipients are involved in various socio-cultural and social projects and take part in organizing them.

The center employs 4 social workers, 1 social educator, 3 assistants of social workers, 5 employees for sports and other creative activities and the support staff.

General services include:

- information, counseling, mediation, representation
- socio-cultural: leisure activities
- health: sports and massage
- psychological assistance: individual counseling and group sessions
- development of working skills: sewing, knitting, pottery, wickerwork, art
- educational training: computer literacy, seminars, courses, camps
- tillage and farm work at home for the disabled
- meals at the charity canteen
- personal hygiene and care: shower, laundry, haircuts
- special transport services for the disabled persons

Special services include:

- Training of social skills and support of the skills gained is provided for the families which are at risk and their children. The center has got over 200 families at risk.
- Training of social skills and support of the skills gained for the children from socially disadvantaged families in children's day groups. The group consists of 16 children.
- Training of social skills and support services for disadvantaged families and children.
- Help to-door service for the disabled people in their homes to do the housework or when they need help when taking part in social activities.
- Social care team provide a series of services, ie the disabled people are provided comprehensive support and training during the day at Kaisiadorys Social Service Center. These services are provided every day except the weekend. The group includes 6 recipients.

In the centre of social services there are not only daycare group for handicap people, who come every day, but also every Tuesday there come around 30 more people with handicap various age who come from the districts and 10:30 h to 15:30 h they also join the activities, like ceramics, arts, handicrafts, physical activities, quilt sewing, etc. There is a psychologist who consults individually, carries out group activities and relaxation sessions.

Clients choose the activities individually according to their hobbies. Wednesdays there is another group of 7 people who come – 4 people have physical disabilities – cannot walk, the rest have psychical disability but are partially independent, they can take care of their hygiene, dressing up, eating. Every Friday three more people with psychical disability come over and join ceramics workshops.

In the children daycare centre there come around 16 kids everyday at age 8-16, 9 boys and 7 girls. They can use computers, do their homework, play ping-pong, basketball, board games, do handicrafts, prepare various celebrations, puppet theatre plays, etc. It is safe environment for them after school where they can improve their creative abilities, learn to communicate in more constructive way and have means to more constructive leisure time then that at home or on the street.

All in all, here at the Center people having social or medical problems have an opportunity to develop communication and self-expression skills. When they take part in various activities provided at the Center, they improve their social relations, they also can train better their sensory systems and they do not feel so lonely.

Project context:

Kaisiadorys is a small town: there are ~ 8 664 inhabitants in the town. This is the only social services providing centre in the district. Even though the town is distant and small, here you can also find cultural centre where you can join various art workshops (ceramic, wicker weave, painting, drawing or music workshops), find literature at public library, play bowling or pool; there are several shopping centres, catholic church.

The town is close community; therefore foreigners will be easily recognized in public. Though there are “Order of Malta” and “Caritas” young volunteers who are open to communication, several schools, where youngsters are able to speak English, therefore there will be possibility to socialize and gain new friends.

There is no public transport going inside the town, because you can walk through it by feet in less than 30 min.

Kaisiadorys is situated between two biggest cities in Lithuania: Kaunas and Vilnius (40 and 60 km distance accordingly). There is a good connection with both cities by train or bus. Train

station is located right next to our institution, therefore it will be very easy to organize the trips. It takes 20 min by train to reach Kaunas.



Proposed activities:

The centre of Social services offers two spheres of voluntary activities for EVS volunteers:

- 1) Children day care group
- 2) Daycare centre for people with disabilities

Volunteers working with attendants of centre will be able to learn various sort of applied fine arts: ceramics, wicker work, quilt sewing, wood works, decoupage, leather ware making, and paper folding handicrafts. In the service volunteers will gain various skills: communications, personal, social, initiative skills and increase creativity. Volunteers will learn the language of our country, will get to know our culture, traditions and customs.

Volunteers' role at children daycare centre:

Volunteers will be able to play with the children various games: ping-pong, basketball, outdoor games and table games. Help in handicrafts for children: paper folding, leather ware works,

ceramics, quilt sewing, clay figures, making dolls for the theatre. Children together with workers create puppet theater plays and acts. Children daycare centre attendants organizes various celebrations, for example: Christmas, Carnival, Easter celebrations. Volunteers will be invited to help in organizing these events: making of decorations together with children, create theatre plays, act. We will need help in organizing birthday celebrations for kids. We expect that volunteers will introduce us to their country, culture, traditions and customs.

Volunteers role at the daycare centre for people with disabilities:

Volunteer will help to organize activities for people with disabilities. For dependent people (for those who have both – physical and mental handicap) volunteer will help to dress up, eat, help in personal hygiene, communicate.

For people who only have physical disabilities volunteer will help to participate in activities of the daycare centre: ceramics workshops, arts, wood works, quilt sewing, handicrafts; to help to prepare working place and to clean it in the end. In the physical activities volunteer together with clients will play darts, checkers, help to make easy physical movements.

Volunteer will also be invited to join these activities of the centre: organizing and preparing various events, trips to concerts, gatherings of people with physical handicap. To join in everyday activities of arts. Volunteers will be able to help to organize summer camps. There will be space given to the volunteers for their initiative – to teach handicrafts of their country which we do not have, traditional cooking. Volunteers will be able to organize birthday party for the kids with games and entertainment, sport match with other children daycare centres, picnic in the nature (by the lake) with games, etc.

Volunteer's profile:

We accept volunteers regardless their background. However, it is crucial to love children and be willing to work with children from social risk environment and the disabled, this takes lots of patience and empathy. It is also very important that the volunteers wouldn't have any harmful habits or addictions.

It is also preferable that a volunteer is communicative, initiative, responsible, not afraid of challenges and willing to get acquainted and understand the culture of another country and its social realities. It would be of great value if the volunteer would be ready to give our recipients and our community some short information about his/her country, its customs and traditions, places of interest and famous people.

Accommodation:

1. Volunteering 30-35 h/week at your chosen receiving organization. There will be one person responsible for planning the schedule with you, advising on everyday tasks.

2. We provide local transport tickets for public transport in Kaunas.
3. You will be part of the group of volunteers at coordinating organization A.C.Patria.
4. Volunteers pay their phone and internet connection fee which may reach ~5.8 EUR/month.
5. One volunteer gets private room in shared apartment (3-5 people)
6. Language courses at least 36 academic hours in a group of volunteers.
7. LT Language classes included.

Trainings:

1. On arrival training;
2. Midterm training;
3. Monthly meetings with all volunteers in Kaunas;
4. Regular meetings with your mentor;

How to apply

Please send CV and short motivational letter to evspatria@gmail.com.