

EVS EN SLIVEN – BULGARIA

-----10 MESES-----

1 DE SEPTIEMBRE DE 2018

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30 DE JUNIO DE 2019

The subject of violence and aggression has been extremely discussed in recent years and has become one of the main problems facing young people in Bulgaria and Europe. Aggressive behavior and harassment accompany the everyday life of a large percentage of young people, leaving lasting consequences for their future development, social life and growth. Violence and aggression are phenomena that are not confined within a country or region but have a wide scope that makes them a problem at local, national and European level. Addressing the problem itself is a challenge that requires complex actions targeting all actors involved in acts of violence and working together at all organizational levels. It is precisely in this case that the work of the European Voluntary Service, which encourages young people's participation in the democratic life of Europe, is very important and useful, by creating conditions for social integration, promoting their initiative and providing scope for their capabilities and capabilities, as prevention.

The main objective of the project is to contribute to the prevention of aggression and violence among young people in the environment in which they live and in educational institutions, creating a safe and supportive environment. The focus of this project is violence and aggression among young people, with activities aimed at preventing not so many isolated and acts of aggression, but in preventing and dealing with a specific form of violence such as targeted, systematic and repetitive acts of harassment of young people in a weaker and more vulnerable position. Similar violence, as shown by many countries, is particularly destructive to youth psyche and health and can lead to serious problems.

Immediate goals of the project:

- Raising the sensitivity, commitment and capacity of the youth community to prevent and tackle aggression and peer violence;
- Creating a secure environment and mechanisms to prevent, report and provide adequate intervention in cases of violence.
- Improving the relationship between young people and their communication skills.

The project is based on good practices in the field of prevention of peer violence. When implementing the project activities, the so-called "An "all-in-one" approach that requires a high level of engagement and commitment from all through coordinated systematic and consistent efforts to reduce aggression and violence, and to build lasting values and personal attitudes among young people.

Aggression and violence are also strongly expressed in the local Roma community, where we have focused on our work. We strive for change by implementing relevant mechanisms for mere help, support and communication. EVS volunteers will participate in groups for self-help and support , various initiatives in schools and will develop campaigns to combat violence. Another aspect on which we work and want to reduce to the greatest extent is the aggression, violence and social exclusion of LGBT young people from the Roma community. These young people are double-discriminated, excluded from public life, in many cases subjected to aggression and violence within the community and beyond. The fact is that they are rejected by the closed community in which they live, as well as by our entire society. In many cases, there is a violation of their basic human rights, they lack the necessary support from society and institutions, there is not enough publicity about the problem. These young people do not know that they have rights like everyone else, what they are and how to protect them. All people in Europe, including marginalized, have human rights in accordance with international law. We believe that young people best know their needs and have a common goal: to reduce violence and aggression, by creating a favorable environment for strengthening tolerance and solidarity in society. Colliding together, young people, knowing themselves, can break the stereotypes of ensuring a normal, free and dignified life without violence.

As a result of the joint work of youngsters from Spain, Italy, Turkey and Ukraine with their Bulgarian peers, we expect:

1. Recognition by young people of the main elements and risks of aggressive behavior.
2. Forming a space for open work with violence and aggressive behavior.
3. Favorable development environment: Relationships based on mutual respect and respect for the personality.
4. Improved communication among young people.
5. Effective skills to deal with a situation of violence

Through the project activities, the team of multipliers will be upgraded to expand their competencies to curb aggression and violence. Young people will be supported in the process of their development, to stimulate their respect and self-confidence, to help them make informed, responsible and informed decisions.

For the volunteers we will provide:

Money for food – 120 BGN

Pocket spending – 170 BGN