

## RAISE YOUR VOICE! STAND UP FOR HUMAN RIGHTS!

### TYPE OF ACTIVITY

Training course

### THEME

Development of awareness raising actions on Human Rights, resourcing to non violent communication techniques, *media* strategies and performance arts

### PARTICIPANTS

The training is aimed at social and youth workers, educators, Erasmus+ project coordinators, facilitators, trainers, communication workers, interested in the creation of Human Rights campaigns, especially if working with/for migrants

**DATES:** 10 days (8 for TC + 2 for travel)

**ARRIVAL:** 11<sup>th</sup> February

**DEPARTURE:** 20<sup>th</sup> February

**LOCATION:** Santa Maria da Feira

**PARTICIPATING COUNTRIES:** EXODUS – TEAM, maximum 3 per organization (flexible).

**WORKING LANGUAGE:** English

**ORGANIZER:** ROSTO SOLIDÁRIO under EXODUS PROJECT



### FRAMEWORK OF THE ACTIVITY

Turning 73 in 2021, the Universal Declaration of Human Rights is still the foundation of all international human rights law. Human Rights are universal, inherent to all, regardless of nationality, sex, national or ethnic origin, colour, religion, language, or any other status.

Unfortunately, though, not all are guaranteed the respect for the rights every human being is entitled to, especially not those, in one way or another, forced to move.

RAISE YOUR VOICE! STAND UP FOR HUMAN RIGHTS! is a training aimed at all of those directly involved in or wishing to promote actions to raise awareness on Human Rights issues, to stand up and raise their voices for the ones whose voices are somehow silenced.

### OBJECTIVES

The **overall aim** of this training course is to share TOOLS for the development/improvement of Human Rights campaigns, mainly if focused on migratory contexts and migrants' related issues, through

- The use of non violent communication techniques, *media* strategies and performance arts based tools useful in the creation of efficient awareness raising actions
- Sharing of experiences regarding the afore mentioned practices
- Trying out of the knowledge acquired in a multicultural environment
- Reaching out for and involving the local community in the process

### PARTNERS' TASKS

BEFORE THE PROJECT >

RESPECT DEADLINES; SEARCH FOR INFORMATION ON MIGRANTS' RIGHTS ISSUES IN YOUR COUNTRY

DURING THE PROJECT >

ACTIVE PARTICIPATION!!!

AFTER THE PROJECT >

PROMOTE AN ACTION TO RAISE AWARENESS ON AN ESPECIALLY PRESSING ISSUE AFFECTING MIGRANTS IN YOUR COMMUNITY

**COSTS**

Travel costs, according to defined travel distances, food and accommodation will be covered by Erasmus+ Program.

**No fees will be charged!**

**TRAVEL COST PER PERSON**

Alrahallah theater - berlin e.V	360
ASOCIACION JUVENIL INTERCAMBIA	275
CET PLATFORMA SKOPJE	360
ULUSLARARASI CALISMA DERNEGI	530
YOUNG MEN'S CHRISTIAN ASSOCIATION YMCA PARTHENOPE ONLUS	275
ROSTO SOLIDARIO - ASSOCIACAO DE DESENVOLVIMENTO SOCIAL E HUMANO	0

**ACCOMMODATION**

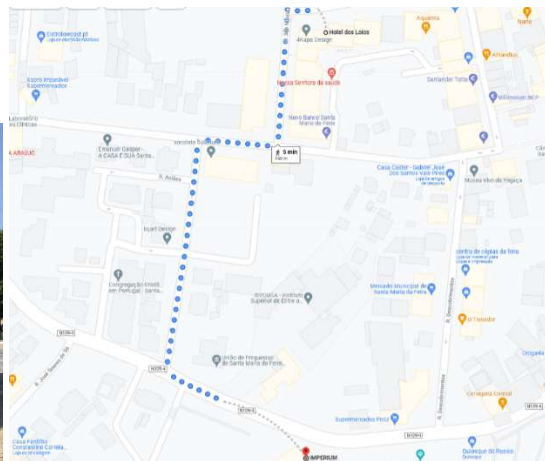
The group will be accomodated in “Hotel dos Lóios”, in triple and double rooms with private bathrooms.

All Covid-19 measures will be taken according to the needed safety standards. Breakfast is included.



**WOKRING PLACE**

We’ll be working at Órfeão da Feira, a local cultural association, located 5 minutes away from the hotel.



**DEADLINE**

EXODUS PARTNERS COMMIT TO SEND PARTICIPANTS SELECTION BEFORE THE 17<sup>th</sup> DECEMBER.  
 ALL PARTICIPANTS SELECTED WILL BE ASKED TO FILL IN AND SEND AN ONLINE PARTICIPANT FORM AND BOOK TICKETS BEFORE 31<sup>st</sup> DECEMBER.



**SCHEDULE**

	11 <sup>th</sup>	12 <sup>th</sup>	13 <sup>th</sup>	14 <sup>th</sup>	15 <sup>th</sup>	16 <sup>th</sup>	17 <sup>th</sup>	18 <sup>th</sup>	19 <sup>th</sup>	20 <sup>th</sup>	
09:30 – 11:00	<b>ARRIVAL</b>	WELCOME SESSION	HUMAN RIGHTS FRAMEWORK	COUNTER NARRATIVES	PERFORMANCE ARTS ...	NGO VISIT	DEFINE YOUR MESSAGE	PERFORM YOUR ART	GROUP REFLECTION ON PRESENTATION	<b>DEPARTURE</b>	
11:00 – 11:30		<b>COFFEE BREAK</b>									
11:30 – 13:30		COOPERATION IS THE KEY!	NATIONAL CONTEXT MAPPING	COUNTER NARRATIVE DEVELOPMENT	... AS ADVOCACY TOOLS	ASSOCIATION VISIT	DEFINE YOUR STRATEGY	PERFORM YOUR ART II	PROCESS CLOSURE DYNAMICS		
13:30 – 15:30		<b>LUNCH BREAK</b>									
15:30 – 17:00		GYM KHA NA	GAMIFICATION & EDUCATION	AUDIOVISUAL CAMPAIGNING	ARTS IN ACTION	MULTICULTURAL PORTO	CREATE YOUR ACTION	REHEARSALS	YOUTH PASS		
17:00 – 17:30		<b>COFFEE BREAK</b>									
17:30 – 18:30		VISIBILITY IN ACTION I	PRACTICAL PROJECT	PRACTICAL PROJECT	PRACTICAL PROJECT	PHOTOGRAPHING MULTICULTURALITY	CREATE YOUR ACTION II	PERFORMANCE PREPARATION	VISIBILITY IN ACTION II		
18:30 – 19:00		REFLECTION GROUPS	REFLECTION GROUPS	REFLECTION GROUPS	REFLECTION GROUPS	REFLECTION GROUPS	RAISE YOUR VOICE	PUBLIC PRESENTATION	FINAL EVALUATION		
20:00 – 21:30		<b>DINNER</b>									
21:30 – 23:30		INTER-CULTURAL NIGHT	FREE NIGHT	FESTA TUGA	FREE NIGHT	MULTICULTURAL NIGHT	FREE NIGHT	OUR VISION NIGHT	FAREWELL PARTY		