

Info-pack

Becoming the Best

BUDY GŁOGOWSKIE – Natura Centre (Budy Głogowskie, Subcarpathian Voivodeship, Poland)



Working days: 10th October – 17th October 2022

Travel days: Arrival on 9th of October – Departure on 17th of October

The recruitment of participants lasts until 31.08.2022

Number of participants:

- MV INTERNATIONAL - Italy – **4 participants**
- Raibais kakis- Latvia – **4 participants**
- Dicle University Youth Network - Turkey– **4 participants**
- Solunian Brothers - Cyrill and Methodius Foundation - Poland - **5 participants**
- YOUTH COUNCIL NEXT GENERATION SKOPJE - The Republic of North Macedonia -

4 participants.

- ASOCIACION JUVENIL INTERCAMBIA- Spain -**4 participants**

Travel Budget:

Poland	20 euros / participant
Italy	275 euros / participant
Latvia	275 euros / participant
Turkey	275 euros / participant
The Republic of North Macedonia	275 euros / participant
Spain	360 euros / participant

Travel costs reimbursement

Reimbursement is calculated based on the distance calculator of the European Commission.

At the arrival, all participants must provide flight reservation, all original tickets and boarding passes. They must send by post the return tickets and boarding passes to an email address which will be provided.

Travel costs will be reimbursed only for the cheapest means of transportation. Acceptable means of transportation for the project are: plane, bus, train, metro or ferry, NOT taxi and NOT car.

We don't refund the costs for extra luggage (only checked baggage) and taxi journey!!!

The date of purchasing the tickets – until 31.08.2022

CONTEXT

The identified needs of Training Course Becoming the Best are based on a researches carried out which revealed data and information regarding the youth employability. Therefore, partners are willing to offer methods that will help young people to promote and increase self-awareness, self-esteem and self-esteem in their minds by taking an active role in the Europe 2021 strategy to increase youth employability and promote social inclusion. The issues related to the youth employability require to build a sustainable Europe involving its young citizens. The teachers have discovered through field analysis and through participating in the local and regional meetings that youth unemployment is a major issue with a multitude of causes. The need that was identified in practice is the presentation ability of the students when meeting employers, business owners, authorities and even when talking about themselves in front of fellow students. With this project, partners to give youth workers methods that will help them to promote and raise self- awareness, self-respect, and self-esteem in the minds of youngsters. It will also increase practical youth and youth worker skills to present themselves more effectively, identify their best skills and acknowledge their unique qualities. In this project, we will work mostly on two levels - verbal and visual. In order to reach this general objective, the project foresees a mobility to provide youth workers with some methodologies to be used at the local, national or even international level to raise awareness on this topic among youngsters. The idea is for this training to spread awareness across Europe and build an employability Europe through its young citizens.

During the Training Course, we will use methodology based on the concept of non-formal education (e.g. cooperative learning, experiential learning, shared responsibility, etc.). The trainer will lead the participants to contribute with their knowledge, skills and attitudes to ensure an interactive process during the Training Course. We will focus on the development of the key competencies as Learning to learn, Social and civic competences, Sense of initiatives and entrepreneurship. Participants will gain their knowledge in the Training Course by using self-directed learning and nonformal learning methods. Knowledge that will be acquired through the TC: -Europe 2021 strategy and projects' role in the process of implementation of this strategy; -Erasmus+ Program; -different non-formal education methods; -ability to use the acquired content during the Training Course for flexible self-promotion in the job market on the basis of specific recipients and

situations; - how to correctly write a CV, Cover Letter, handle a job interview, use social media as a tool for job searching and other Instruments of presentation; -using essential instruments for self-promotion on the labour market; -usage of EU instruments for the development of EU labour market; -the role of self-entrepreneurship in effective jobsearching; - understanding of the dynamics of employer's choices and process of evaluating the applications.

The training course is based on non-formal educational methodologies including project labs in forms of the team works for developing project ideas, networking activities for creating a sound and sustainable cooperation among participants, analysis of the existing best practices by presenting personal experiences and reflections of the participants, interactive sessions, debates and case studies, ice breaking games, team building sessions and workshops.

Aims:

The aim of the project is to offer young people new tools and approaches to tackle employability and ways to help them encourage and increase self-awareness, self-esteem and self-esteem in the minds of young people by identifying ways. Objectives of project "Becoming the Best":

- training participants to take an active part in Europe 2021 strategy by promoting social inclusion
- training participants to encourage the exchange of good practices related to meaningful youth projects
- training participants to encourage international cooperation between organizations specializing in youth leader education
- training participants to propose new tools, approaches and identify ways to develop further youth and youth leader education in Europe
- training participants to increase capacity and build up competences of youth workers and educators by providing methods for working with youth in relation to self-awareness, self-respect, and self-esteem, selfbranding, future ambitions and foresight etc

Selection process:

It will be performed by each organization, through a public appeal on the group email within the organization, so that the process is open and all members are informed about the project. However, it is agreed that if the coordinating organization sees the need, it has the right to request the applications submitted, to ensure transparency and eliminate possible conflicts of interest. Applicants will fill out a questionnaire that reveals the selection criteria. In order to validate the English knowledge, it is recommended to fill in the form in English.

Selection criteria:

- work as youth educators, youth workers, leaders, in direct contact with youth and ready to learn and implement non – formal education methods in work
- motivated and interested in the issue of employability, in particular of youth categories
- previous experience regarding the work with young people in the context of employability education and ability to use methods and new knowledge in everyday work
- Participants are required to speak and communicate in English
- young people aged from 20 to 30 years.

Currency exchange

For those who wish to change their currency into POLISH ZLOTY, we suggest to do it at the airport as in this are you will have no possibility to do it.



Weather

It's sunny, sometimes it's rainy, but it's not warm.

Temperature: at night 5-7 C°, day 11-14 C°.

WHAT TO BRING:

What to bring with you?

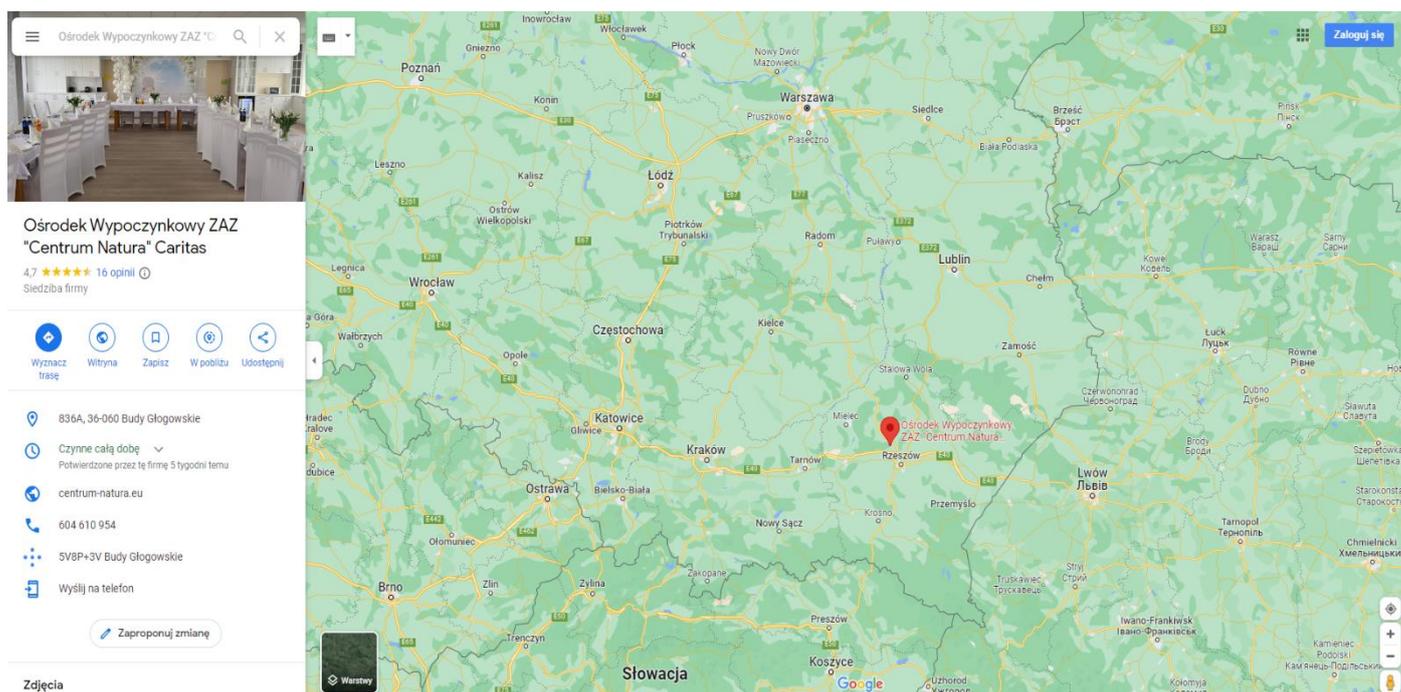
- 1) Information about topic from your country
- 2) Materials of your organization
- 3) Good mood
- 4) Medicines and insurance;
- 5) Original travel e-tickets and invoices like train tickets, bus tickets etc.
- 6) Laptop, (or/and) camera

Location:

Department of Professional Activity and in Budy Głogowskie

<http://www.centrum-natura.eu/>

**Budy Głogowskie 836A
36-060 Budy Głogowskie
Poland**



<https://www.google.com/maps/place/O%27C5%9Brodek+Wypoczynkowy+ZAZ+%22Centrum+Natura%22+Caritas/@50.6884314,19.9910323,7.5z/data=!4m1!4m1!8m3!3m7!1s0x473d1decf3509221:0x62edc01633588eb5!2s>

How to reach Venue?

The nearest airports on the Polish side are in Rzeszów-Jasionka(10 km) and Kraków. If the participants arrive to Rzeszów more or less on the same time, we will organize transport for them to their destination (Budy Głogowskie).

For more info, please contact: marek@fundacjacim.pl, ania@fundacjacim.pl.