

CYBER ME, CYBER YOU YOUTH EXCHANGE



Co-funded by the
Erasmus+ Programme
of the European Union



AGENCY FOR
MOBILITY AND
EU PROGRAMMES

Samobor, Croatia
21 – 29 April 2022



OBJECTIVES

- increased awareness of the importance of cyber bullying prevention among peers,
- familiarization of local communities about the importance of media literacy and cyber bullying prevention;
- encouraging the interest of young people in local communities to join and create networks with other young people and participate in youth exchange projects;
- raising awareness among members belonging to target groups about media literacy and cyber bullying issue;
- creation of an online database of project results (dissemination activities, project data, etc.) that remains permanently available to local communities and other interested parties around the world.



PARTNERS

LAG SAVA, Croatia

www.lagsava.hr

UNITED SOCIETIES OF BALKANS, Greece

www.usbngo.gr

TAVO EUROPA, Lithuania

www.tavoeuropa.eu

CET PLATFORM, North Macedonia

www.cetplatform.org

**ASOCIACION JUVENIL
INTERCAMBIA**, Spain

www.europaeresetu.eu

OUR ACCOMMODATION



The youth exchange took place in Samobor, a small town close to the capital city Zagreb. Participants were accommodated in the town center, in the Hostel Samobor, close to the town's lungs (forest and hills) as well as to the tourist attractions of the town.

Hostel's website: <http://www.hostel-samobor.hr/>



THE ACTIVITIES – LEARNING ABOUT ONE’S SELF

- In the Youth exchange, participants explored also who they are: from bonding activities and getting to know each other better to morning stretches and team building.
- Part of the program was also to learn and discover what are you good at through working in national and international teams: participants created the workshop scenarios themselves with the available help of the coordinator and mentors in their NGOs.
- Participants had opportunity to create materials and try their hands in activism by talking about the cyberbullying issue in the contemporary society.

THE ACTIVITIES - STORYTELLING

- Initial research into the topic of cyberbullying led to the question of action: what to do and how?
- Participants improved their storytelling skills and based on the plots that they created in teams, filmed and edited video content that can be used in the online campaigns and workshops with children, youth and parents.
- Links to the finished films: <https://stopthebully.eu/videos/>
 - Filming and editing was completed during the youth exchange in Samobor.
 - Participants worked in international teams, using different ICT tools.



THE ACTIVITIES – ICT SKILLS AND WEBSITE

- Participants had a series of workshops (led by themselves) on the topic of different ICT skills and tools that one can use.
- Results:
 - knowing better which tools to use and how; difference between film and video content; trying their hand at creation of visual material with the cyberbullying topic in mind.
 - creation of the website on the cyberbullying: www.stopthebully.eu



THE ACTIVITIES – ACTIVISM IN PRACTICE

- Participants had an opportunity to plan and try activist events in local community of Samobor as a 'preview' of dissemination activities in their own communities, back home.
- Activity in Youth Center Bunker: activity failed (invited audience did not show up), but this was used as a rehearsal by the participants for dissemination actions back home.
- Activity in the center of Samobor: activity was successful – participants had opportunity to give away leaflets, talk to the locals and interview them on the topic of cyberbullying.



THE ACTIVITIES – BONDING OVER CULTURES

- Participants had opportunity to learn about each other's cultures and specific traits: from language to cultural heritage.
- The most appetizing part of the culture was, no doubt, food. But the dancing and music did not fall far behind. The quizzing about cultures was also fun activity.



THE ACTIVITIES – FREE TIME

- Participants had opportunity to enjoy what Samobor offers: culture and music as well as nature (walking, cycling).
- They also had opportunity to present their different skills and knowledge: such as how sight impaired people use ICT tools, lead a workshop on ethics and moral, cook a meal for everyone in the program, etc.



THE ACTIVITIES: DISSEMINATION ACTIONS

- The plan of this youth exchange was to help participants try their hand in youth activism in their own localities, by showing them how it can be done during the youth exchange.
- Each national team created a dissemination plan while in Samobor, got the budget to do the planned actions and wrote a report on how it was. They used all the tools, skills and materials created during youth exchange to try and empower some children / youth with their presentations, videos etc. You can read their reports online:

<https://stopthebully.eu/dissemination-reports/>

CHECK OUT!

- the website created by participants to learn more about the topic of cyberbullying and how to prevent it.
- You can find useful information for your students / youth / children and great videos that they created.
- www.stopthebully.eu
- If you are a young person thinking about youth exchange, check the photo gallery for more photos of the program at: <https://stopthebully.eu/about-the-project/>

