



“AND AFTER ALL WE ARE WHAT WE ARE” – TRAINING COURSE

SARATA MONTEORU–BUZAU, 3.12.-12.12.2024

Arrival day : 3 december 2024

Departure day: 12 december 2024

Organizer : FUNDATIA PENTRU TINERET (FPT) BUZAU, ROMANIA

Coordinator: Tolea Postovei

Partner countries: BG,CY,CZ,EE,GR,HR,IT,LV,LT,MK,PL,PT,SRB,SP,SLO,TR,RO

Participants: 34 participants plus 4 experts from 16 countries

1 – 2 youth workers/partner, age 20+. Erasmus students and ESC volunteers at time of mobility are not eligible. Participants should be citizens of sending countries or legal residents for at least until 31 august 2025. Where there is 1 participant from one organization we can accept only citizens of the sending country.

Venue : Sarata Monteoru and Buzau, Romania

Description of project :

The aim of the project is to increase awareness of youth workers on problems created by discrimination against minorities

Objectives:

1. developing competences for youth workers in prevention and combating discrimination and misunderstanding of political correctness measures
2. increase youth workers' and youngsters' respect for inclusion and diversity through new creative methods
3. create and apply in local communities solutions for a better inclusion of minorities

Final products expected: forum theater plays, videos, magazine to promote a more tolerant attitude towards minorities

Accommodation : “Casa cu Tei” pension– in rooms of 2 with private bathroom, towels, soap and sheets provided for 1 week <http://www.casacutei.ro/sitenou/>. No laundry and ironing services are provided.

Last 2 nights accommodation is in Buzau – Hotel Sport B90–rooms of 2-3 persons with private bathroom

Food will be served at the restaurant of the hotel and pension and there will be 3 meals every day and 2 coffee breaks.



Facilities

-pension in Sarata Monteoru is 10 minutes from village center where you can find shops with basic things.**There are no bankomats but in most of the local shops you can pay by credit card**

- hotel in Buzau is 10- 15 minutes walking from city center where you can find almost everything : shops,pharmacy,banks,restaurants etc.

Visits: according to the programme; any other opportunities will be discussed on the spot if free time will allow

Internet: there is good wireless in the pension and also in hotel in Buzau

Weather is cold but also quite unpredictable in december in hillside. Usually temperature is around 5 degrees during the day and zero during night, but also can rain or snow. In the last days before arrival we'll be back with better info about weather.

IMPORTANT !!! Pay attention to safety measures:

-you'll live in an intercultural environment,so accept all cultures and be tolerant

-NO DRUGS ALLOWED !! Alcohol only after activities in the evening and consumed with responsibility and according with laws from each country concerning age !!

-you have to attend and be involved in ALL ACTIVITIES during the training and also in DISSEMINATION PHASE !!

-other rules and safety measures will be fixed in first day,so if you have proposal feel free to express them !!



Transport: depending on arrival times of the teams organizers will arrange private transfer by bus from **Bucharest Otopeni airport** to **Sarata Monteoru** on arrival day around 18.00, so try to book transportation that arrive earlier.The trip is 2 hours and cost 20 eur/pers reimbursable. Coming on your own is also an option but is more complicated.More information will be provided after we have everyone's travel plan.

ACTIVITIES – see agenda

Please post announcements about the project on your websites, blogs or any other platform and send us some print screens or copies – **OBLIGATORY !!**



What should you prepare :

- a research about situation with discrimination of minorities in your region/country
- be prepared to propose games, energizers, activities for free time or for our workshops
- some laptops will be necessary for working and editing texts/photos
- as we want to use as less plastic as possible please bring with you your own coffee/tea cup or mug and a bottle/recipient for water
- **for intercultural evening you have to bring some traditional food and drinks and to be ready to teach us a song or a dance. ATTENTION !! There is not possible to use kitchen for cooking (because of new regulations about safety and hygiene) so bring dry things ...you can prepare short and easy meals that can be done without oven like salads etc...if you need some ingredients like vegetables,oil, salt,regular spices,bread etc we can provide them...**

REIMBURSEMENT:

In order to get the travel costs back we need to get from you **PRINTED ON PAPER and ARRANGED IN ORDER OF TRAVELLING PHASES FROM DEPARTURE TO DESTINATION**

- All BUS/TRAIN/FERRY tickets and invoices in original.if you need local transport in your country try to buy return tickets.Tickets should have date,itinerary,cost.if there is no name-write it on the back
- For FLIGHTS: electronic ticket with name,dates,itinerary,costs AND INVOICE if some of previous item is not on the ticket.
- BOARDING PASSES compulsory – keep them as without them you don't have your money back.If you did mobile check-in you can send us the print screen
- Take only APEX flights (no business class) and only 2 nd class trains.
- TAXI/BOLT/UBER costs are not eligible unless special conditions
- Be sure to have price and data on bus and train tickets,also on airplane tickets.If not, ask for receipts or invoices.
- If you travel by CAR contact us to tell you the rules and documents needed

- If any of participants use “green travel” meaning more than half of journey the teams use bus,train,cars tell us one month in advance

The reimbursement will be based on REAL COSTS in accordance with distance calculator for the maximum amounts approved in application and will be done after the project when we'll receive all ORIGINAL documents and a specific declaration for travel costs signed. The amounts for reimbursement will be based on the tickets/invoice presented. There will be one transfer for every country in account of sending organization according with National Agency rules.

100 – 499 km: 211 euros /285 green travel

500 – 1999 km: 309 euros/ 417 green travel

2000 – 2999 km: 395 euros/535 green travel

There is a partner contribution of 20 euros/participant

Any kind of insurances are in participants' individual charge and not reimbursable

You can spend 2-3 days before or after the project in Romania but no costs of accommodation,food or other expenses will be reimbursed for days outside the project.

Other practicalities :

Currency : 1 euro = 5.00 lei (RON).There are banks and bankomats in airports, in Bucharest train station,in Buzau.

The hour in Romania is GMT + 2.

Beware of pick pockets in buses, metro and crowded places. Don't accept gifts and don't talk to strangers that ask to sign something or to help them – most of them are cheaters.

Don'y pay attention to street dogs – they are everywhere but most of them are friendly.

For any other questions and comments or questions contact

postoveitolea@yahoo.com

Tolea-+40.744.855.911 – available on whatsapp

ALL PARTICIPANTS WILL GET YOUTHPASS CERTIFICATES.



Registration form to be completed is here: <https://forms.gle/GWbeBWJPypg8UJ437>

Selected participants and coordinators are invited to join the facebook here: [We are what we are in Monteuru 2024 | Facebook](#)